

CODES OF CONDUCT - PORTUMNA RUGBY CLUB 2018/19

Code of Conduct - FOR PLAYERS

1. Play for enjoyment and become part of the family of Rugby.
2. Respect the "Game of Rugby" and play within the "Laws of the Game"
3. Accept the referee's decision always.
4. Be a good sport & respect your opponent - treat all players as you would like to be treated.
5. At the end of the match, always thank your opponents and the referee for the game
6. Tackle hard but fair, do not try to hurt your opponent.
7. As a member of Portumna RFC you will attend training regularly, it is only by training that you will improve your skills and be selected for matches.
8. **HAVE FUN.**

Code of Conduct - FOR PARENTS

1. Children are here to play for their enjoyment, allow them.
2. Encourage your child to play within the "Laws of the Game"
3. Applaud good play on both sides
4. Never ridicule, humiliate or shout at young players for making a mistake or losing a match
5. Do not place emphasis on "winning at all costs" - enjoyment is hugely important.
6. Support all efforts to remove verbal and physical abuse from Rugby.
7. As a spectator, **do not use profane language or harass referees, coaches or players.**
8. Do not question the referees judgement and never their honesty
9. Recognise the value and importance of all volunteers and treat them with respect.
10. Arrive on time and collect your child on time.
11. **ACKNOWLEDGE TEXT MESSAGES** - our main communication with parents is via text messages and we often send message that require you to reply to us.

- **PLEASE NOTE - If you do not reply to text messages when requested your number will be removed from our contact list and no further texts will be sent.**

- **It is the responsibility of the parents to provide us with an up to date mobile phone number as these are also used in case of emergency.**

Code of Conduct - FOR COACHES

1. Remember that as a coach of an 'age-grade team' you are acting 'in loco parentis' and that you have a duty of care to all your players.
2. Lead by example - young people need a coach they can respect as a Role Model.
3. Be generous with your praise and never ridicule or shout at players for making mistakes or losing a match.
4. Teach your players that the Laws of the Game are mutual agreements, which no one should evade or break.
5. Ensure that you are appropriately qualified by gaining the relevant coaching accreditation for your particular level.
6. Be reasonable in your demands on the players' time, energy and enthusiasm.
7. Encourage respect for all participants – team mates and opponents, as well as match officials.
8. Create a safe and enjoyable environment in which to train and play.
9. Always follow professional medical advice in determining when an injured player is ready to play again.
10. Be responsible and ensure you uphold the ethos of the game and the IRFU.
11. Portumna RFC does not promote a "win at all costs" attitude to rugby, encourage your players to have fun and to enjoy playing and learning the game.